

JUNE

2016



## WILSON MIDDLE SCHOOL

### WILSON MIDDLE SCHOOL

- 1-3 Gr 8 LA Part A Final
- 4 Car Show at Wilson
- 8 HOJA 12:45
- 8 School Council Meeting—6pm
- 9 Athletic Awards
- 10 WMS Fun day
- 20 Gr 6 LA Part B PAT 9-10:30
- 22 Gr 7 Swimming 9-11am
- 22 Celebrate 8 and Yearbooks
- 23 Gr 6 Science PAT 9-10:30am
- 23 Gr 7/8 Science Final
- 24 Gr 6 Social PAT 9-10:30  
Last day of classes for Gr 6
- 27 Gr 7/8 Social Final
- 28 Gr 7/8 Math Final  
Last day of classes for 7/8
- 30 Report Cards to be mailed to each to household.

**Tuesday September 6th is the 1st day back for 2016-17 school year.**

School Office will be open on August 22 and the entrance to the school will be the NORTHWEST doors.

Well folks, we have completed a year that is truly worthy of celebration!! At this time, we would like to extend our gratitude to you, parents and guardians, for entrusting us with your children. We have learned much from them and we commit to putting this learning into best practice for years to come.

Just a few of the celebrations that stand out over the last ten months are the successes of our Wilson Way character education program, our powerful numeracy and literacy programs, our tremendous "SUTP" fundraising event, the end of phase 1 and beginning of phase 2 of our rejuvenating modernization, and the countless hours of impact that our students have made in our school and greater community. It seems fitting that we end the year with an expression of gratitude for the Indigo "Love of Reading" Grant. Last year, due to the hard work and dedication of our small but mighty committee, Wilson Middle School received \$125,000 from the Indigo Company, to promote and enhance literacy in our school over a three year period. The impact that has been felt with the tremendous resource allocation is immeasurable and we are so excited to continue on this journey!

We look forward to watching the students of Wilson Middle School continue on the path of excellence and know that the staff will add to the foundations that have been built. We wish you all a safe and joyful summer and we look forward to seeing you again in September.

June is a very busy month and we would like you to be aware of some important dates/events. — see side bar of activities.

Staffing for the 2016-17 school year:

Brad Dersch, Cayley King, and I, would like to take this opportunity to welcome new staff members and some continuing staff members to the Wilson Middle School Family...

Jeni Halowski - Jeni will be taking over the role of Vice Principal, working with grade 6, counselling, ESL and inclusive education/learning supports

Lorin Ball - will be working as a part of our Educational Assistants Team

Travis Conrad - Travis will be working in our band and choral program

Chol Deng - will be working as a part of our Educational Assistants Team

Jenessa Elliott - Jenessa will be working in our ELL Transition program

Quintina Fransen - will be working with our Skill Development program

Bret Jesse - Bret will be working in a dyad with our grade 8 team

Lori Philpot - will be working as a part of our Educational Assistants Team

Sheryl Trimble - will be working as a part of our Educational Assistants Team

Brodie Turnbull - Brodie will be working in a dyad with our grade 7 team

Barb Waite - will be working as a part of our Educational Assistants Team

And finally, our farewells...

We would like to thank Sam Clarke-Davies, Todd Dubber, Tammi Foreman, Aaron Gamble, Keith Griffioen, Martha Johnson, Cayley King, Jenna Konschuk, Donna Mitchell, Cori Polanski, Jessica Singer, and Eric Wong for all of their hard work and dedication to the Wilson Middle School students, staff, parents, and community. Your impact will not be forgotten and we wish you all the best in your future endeavours!

Dean Hawkins, Principal

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## Wilson Middle School



### SHOW AND SHINE AT WILSON

Wilson students and staff are gearing up for our 2<sup>nd</sup> Wilson Show and Shine on Saturday, June 4<sup>th</sup>, 2016.

Wilson's south field will be transformed into a showcase of cool cars and interesting displays. The Wilson Show and Shine provides an opportunity for local car enthusiasts of all ages to come together to appreciate cars in a family atmosphere.

Admission is free to the Wilson Show and Shine and the event will run from 11:00 a.m. to 3:00 p.m., with awards being given at 3:00 p.m. For those wishing to enter a vehicle in the displays, registration forms are available the day of the Show and Shine and the fee is \$10.00.

Highlights of the event include Davis Buick GMC's "Drive for your students" test drive event- where anyone can come and test drive a brand new GM product. Each test drive earns the school \$20! There will also be a "junker smash" where participants have the chance to use a bat to smash a panel of an old vehicle for a just a couple dollars. All proceeds from the Show and Shine will go towards the modernization project currently underway at Wilson!

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## GRADE LEVEL REPORTS

### Grade 6

Wow! We can't believe we are saying goodbye already, this year went so fast and we could not be more proud of our grade six students and all that they have accomplished in their first year of middle school.

We would like to remind you of some important dates this month as we prepare to wrap up the school year:

Friday June 10<sup>th</sup>: School-wide sports day

Monday June 20<sup>th</sup>: L.A. Part B P.A.T 9:00-10:30

Wednesday June 22<sup>nd</sup>: Math P.A.T 9:00-10:45

Thursday June 23<sup>rd</sup>: Science P.A.T 9:00-10:30

Thursday June 23<sup>rd</sup>: Locker Clean Out & Terms 3 Awards

Friday June 24<sup>th</sup>: Social P.A.T 9:00-10:30

June 27<sup>th</sup> & 28<sup>th</sup>: **NO SCHOOL FOR GRADE 6 STUDENTS**

June 29<sup>th</sup> & 30<sup>th</sup>: **NO SCHOOL FOR ALL STUDENTS**

We hope that everyone has a safe and enjoyable summer break and we wish you luck in grade 7!



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## GRADE LEVEL REPORTS

### Grade 7

We hope everyone had a great May long weekend! Parents are encouraged to check teacher websites for updates and also check home logic frequently for updated grades.

In May students had the opportunity to go on a field trip to Frank Slide Interpretive Centre and the Bellevue Mine. The trip was a lot of fun for students and a good opportunity to get out in nature. The mine was a "cool" experience as the temperature in the mine was about 2-3 degrees Celsius. Students got the opportunity to experience complete darkness as everyone got to turn their lights off in the mine and see how dark it really is when there is no light.



The grade 7 students will have another field trip in June where students will have the opportunity to go swimming at Nicholas Sheran Pool. This trip will be happening on June 22 from 10-11:30am.



Have a great last month of school and enjoy the summer break!

Grade 7 Team

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## Grade Level

### Grade 8

It's hard to believe our year is drawing to a close. The Grade Eight Team would like to thank our students for their hard work this year - keep it up for another few weeks!! Please see some important June dates below:

#### **Grade Eight Final Exam Dates:**

ELA Part A (Written) June 1st, 2nd, and 3rd depending on class

Science, Thursday, June 23 8:00am - Afternoon Field Trip to Indian Battle Park for Gr. 8

Social Studies, Friday, June 24 8:00am - Students may leave at 10:30AM

ELA Part B (Comprehension), Monday, June 27 8:00am - Students may leave at 10:30AM

Math, Tuesday, June 28 8:00am - Last day of school for Grade 7 / 8 Students - Students may leave at 10:30AM



We would also like to invite parents and families to our *Celebrate Eight Graduation and Awards Ceremony* which takes place *Wednesday June 22nd* from 8:05AM- 9:15 AM in the Wilson Gym. During this ceremony we celebrate all students for completing the middle school experience and also recognize major award winners for their outstanding contributions to our school.

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Wellness



## Happy June Month from The Wellness Team!

June can be a stressful time for students when writing exams or thinking about transitioning to the next grade or school.

### Stress and your health:

- Negative feelings fuel your stress reactions
- Stress can make you do things you regret like negative coping strategies
- Many people ignore the signs of stress
- The best way to deal with stress is with positive coping strategies

### Signs of stress:

- Headache
- Moodiness
- Tension in your neck and jaw
- Increased heart rate
- Difficulties sleeping
- Feeling overwhelmed

Signs of stress can be interpreted as helpful in moderation...

Your body is preparing to be able to handle the situation you are in.

Watch Kelly McGonigal's Video of Ted Talks:  
"How to Make Stress Your Friend"

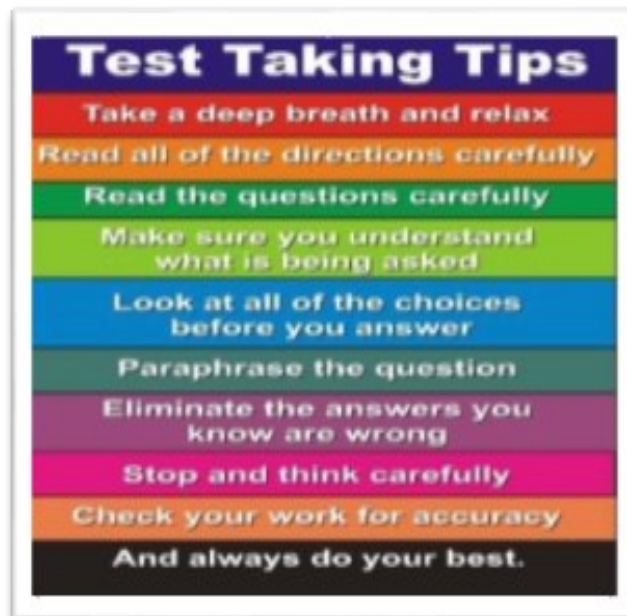
### Coping strategies:

#### Negative

- Consuming too much caffeine
- Smoking
- Drugs and Alcohol
- Emotional Eating

#### Positive

- Get enough sleep
- Take time for yourself
- Plan ahead
- Breathe
- Go outside
- Stretch/ Be active
- Volunteer
- Eat well, drink water
- Journal
- Laugh
- Turn to people you care about



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## Physical Education

### Athletics

Our PE department once again hosted a wonderful school track meet at the UofL track on Tuesday, May 17th. We had an awesome day with great weather for this event, and many participants registered their personal bests! Students finishing in the top 3 at this event will move on to the LSAA city championships track meet at the UofL on Wednesday, May 25th. The PE department will be sending consent forms home to the families of these qualifiers ASAP. Top two finishers at the LSAA meet can then move on and represent Wilson at the zone championships in Lethbridge on June 1st.



I believe that a lot of our great results at the track meet were a direct result of the track club that Mrs. Dewacht and other staff members hosted this spring. We had an amazing turnout of staff and students in this club, and it paid dividends at the track meet. Thanks to everyone who came out for this club!

### Athletic Awards Banquet

This year's banquet will be on Thursday, June 9th at 6:30 p.m. in our gymnasium. We will be hosting a dessert buffet at this year's event, and we have a great guest speaker lined up to give a message to all of our young athletes. Tickets can be bought on school cash online for \$5 each. All award recipients for this event will be notified via synervoice and a personalized letter. All student athletes and their families from 2015/16 are more than welcome to attend, but only award winners will be notified!

Wow, it's hard to believe that another year is almost over. With that being said, we only have one more item left to finish in PE: our School-Wide PE Fun Day. This event will be held on Friday, June 10th. There will be an array of fun activities for the students, a concession to purchase great treats. This year's event will be sponsored by Save On Foods and we are very grateful for their generosity towards our school.

Thanks again for a wonderful school year. We have worked on many new units and topics, while embracing various skills that we may have already known.

As we part for the summer, we would like to offer you one healthy tip:

Exercise creates energy ~ if you are feeling tired and bored this summer, go outside and do some form of activity. You will be surprised how much more energy you have once you are done.

Have a wonderful summer everyone.

Your Wilson PE Team,

Mr. Hall, Mrs. Dewacht, Mrs. Becking, Mr. Dueck, Mr. Dersch and Mr. Seifert.

