

FEBRUARY

2016

## WILSON MIDDLE SCHOOL



### February Events

- 2 Town Hall Meeting
- 10 School Council 7pm
- 15 Family Day Holiday
- 16-17 Family Day Break
- 18-19 Teachers' Convention  
(no school)
- 22-26 Badminton Tryouts
- 24 Pink Shirt Day

### March Events

- 7-19 Kiwanis Festival
- 9 School Council 7pm
- 10 Wilson Cup
- 11 No School—Staff  
Learning Day
- 14 Exploratory 3A/Term 3  
begins
- 21 Report card #2
- 21-23 Collage of the Arts
- 25 Good Friday/Easter  
Break

January has been a terrific success here at Wilson Middle School! We saw a return of energy and enthusiasm in both young and old, following the Christmas break. The kids didn't skip a beat before they forged ahead with their academic and co-curricular pursuits. The month's theme was "perseverance" and our staff and students embodied the trait in their dedication to beginning the New Year with vigour, in spite of cold temperatures and mountains of snow. They were successful in turning to their studies and focusing on their Literacy goals. We were very impressed with the amount of growth that the kids experienced with both their reading abilities and interest levels, and we look forward to what the rest of the year will bring our way...

January also brought more clarity to our renovation and modernization plans. We are seeing our vision come together with the progress that is being made on the Phase 1 portion of the renovation. Keeping in mind that this Phase is coming to a close soon, we would like to celebrate its completion with a Grand Unveiling in early April. To recognize this important stage and to give the public a chance to come in and check out our progress, we will be hosting a spaghetti dinner and concert, featuring local musical talent, Trevor Panczak. Please stay tuned for information on the date and how to purchase tickets to this special occasion and mark your calendars for what is sure to be a memorable event.

The end of January concluded with a movie night for the students and families of Wilson Middle School, during our Parent Teacher Interviews. It was a fun evening of laughter and bonding, and we look forward to hosting another one soon. In advance of the movie and interview evening, we saw Interim Grade Reports delivered home in both electronic and paper copies, outlining each student's current progress. It was a pleasure to share the student successes and upcoming challenges with you and we always appreciate your efforts to come out and take an active role in your child's education.

In February we look forward to the District's annual Town Hall Meeting on February 2<sup>nd</sup>. Please contact us if you are interested in participating. Basketball finals will be in full swing and we wish our teams well! February is a short yet busy month and so we plan to pack it full of activity and academics. Our themes for the month are "trust-worthiness" and "honesty", and we will continue with our pursuit of character education.

We appreciate your support and continued interest in your child's education. As always, if you have any questions, concerns or compliments, please contact us at any time!

Dean Hawkins

Principal

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## School District News

### *EDUCATION CENTRE APPOINTMENT*

January 25, 2016

Congratulations to Cayley King, who has been appointed District Counselling Coordinator

"I am looking forward to working with the many talented and committed people in the School District and greater community, as we work to meet the wellness needs of all students, helping them to reach their utmost potential in education and their lives beyond."

Cayley is currently a vice principal at Wilson Middle School, a position she has held for the past two years. Prior to joining the Wilson staff, Cayley was the teacher counsellor at Chinook High School. Her classroom teaching experience included assignments at Winston Churchill High School and Wilson Middle School, during which time she taught English, Social Studies, Human Sexuality, Knowledge and Employability classes, and a wide variety of option courses. In addition, she was the English Department Curriculum Leader while at Winston Churchill. Throughout her career she has honed her skills through participation in numerous professional learning sessions and by offering presentations at the school, District and provincial levels. Her leadership experience includes membership on the executive of the ATA Provincial English Language Arts Council for a period of six years.

Recognized as a dynamic and innovative leader, Cayley brings a wealth of skills to the role of Counselling Coordinator. She is passionate about making a difference for students and is invigorated by the challenge of finding creative solutions to complex situations. Cayley's calm demeanour, collaborative leadership style, commitment to professional growth and thoughtful approach to problem-solving, will indeed be assets in her new position. She is a skilled communicator and possesses a positive, "can do" attitude.

Cayley's educational credentials include a Bachelor of Arts Degree with Distinction and a Bachelor of Education Degree with Great Distinction from the University of Lethbridge. She also holds a Master of Arts Degree in Leadership and Administration from Gonzaga University.

Cheryl Gilmore  
Superintendent

#### **School Naming Process**

Lethbridge School District No. 51's Board of Trustees is seeking community participation in the process to name the new Copperwood-area school currently under construction. Naming of the new school, anticipated to open in September of 2017, is a major milestone in the project. Once named, the new elementary school will become part of the city's fabric for the next 50-100 years, or more.

The person who suggests the name chosen by trustees will be part of the official ribbon-cutting party at the grand opening. Suggested names may honour individuals, geographic landmarks or historic events. Submissions should include a reason (150 words maximum) for a recommended name.

Submissions can be made by filling out this form: <http://www.lethsd.ab.ca/documents/general/School%20Naming%20Submission%20Form.pdf>

Submission forms can be sent to LeeAnne Tedder at [leeanne.tedder@lethsd.ab.ca](mailto:leeanne.tedder@lethsd.ab.ca)

Submissions can also be made online, by filling out this GoogleForms document: <http://goo.gl/forms/53z21S0K3T>

The deadline for submissions is March 3, 2016.

## Online Payments Now Available!

### **New Convenience: Online Payments**

For safety and efficiency reasons, we want to reduce the amount of cash and cheques coming into our school. School related expenses are now available online for you to purchase.

PARENTS PLEASE REGISTER! Here's How:

**Step 1:** Go to Website:

<https://lethbridge.schoolcashionline.com>

**Step 2:** Register by selecting the "Get Started Now" and follow the steps

**Step 3:** After you receive the confirmation email, please select the "click here" option, sign in and add each of your children to your household account.



School Fees are now past due. Notices have been sent home with students. Please go online (instructions above) and clear up any outstanding amounts as soon as possible or contact the office to make arrangements 403-329-3144. Thank you!

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## GRADE LEVEL REPORTS

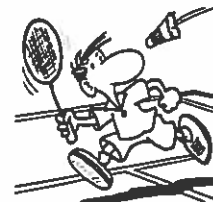


### Grade 6

The school year is now half over. Marks in HomeLogic have been updated and interim reports were sent home on Monday January 25<sup>th</sup>. The grade 6 team enjoyed meeting with all of the parents who came out to parent teacher interviews at the end of January. If you were unable to make it to interviews and would like to meet with your child's homeroom teacher please contact them by phone or email at the school.

The grade 6 Leadership class will be hosting a Pink Shirt Day/I Stand Against Assembly for grade 6 students on Wednesday February 24<sup>th</sup>. We want to encourage all students to wear some form of pink clothing on that day.

Badminton tryouts start on Monday February 22<sup>nd</sup> when we return from the winter break. This is an excellent opportunity for your child to become involved in the Wilson Community. If your child would like extra practice before tryouts, the school also has a badminton club that runs twice a month.



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## GRADE LEVEL REPORTS

### Grade 7

We have had a great New Year in grade 7. These first weeks have sure flown by quite fast. It will be spring in no time...

In January students had an opportunity to hear a speaker who is a police officer give a talk on bullying. It was a good presentation on what can happen to students who are continually bullied. The speaker gave a challenge to students to not be bullies and to also not stand by and watch others be bullied. He told students it is important to tell a trusted person if you or someone else is being bullied.

Interim reports were handed out on or before the date of January 25<sup>th</sup>. Check with your student's homeroom teacher if the report did not make it home. Parent teacher interviews were also held in January, but if there are any other concerns feel free to contact your student's teacher at the school.

Our Wilson Way awards were handed out on January 28<sup>th</sup>. Students are nominated for these awards by their peers for showing the Wilson way. These awards recognize students and the strong character traits they exhibit. Congratulations to January's winners!

#### Grade 7 Team

7B - Mr. Seifert

[ryan.seifert@lethsd.ab.ca](mailto:ryan.seifert@lethsd.ab.ca)

7A - Mrs. Heidinger

[carianne.heidinger@lethsd.ab.ca](mailto:carianne.heidinger@lethsd.ab.ca)

7C - Mr. Keraiff

[tyler.keraiff@lethsd.ab.ca](mailto:tyler.keraiff@lethsd.ab.ca)

7D—Mr. Hirsche

[jeff.hirsche@lethsd.ab.ca](mailto:jeff.hirsche@lethsd.ab.ca)

7E—Ms. Stout

[sadie.stout@lethsd.ab.ca](mailto:sadie.stout@lethsd.ab.ca)

7F—Mr. Griffioen

[keith.griffioen@lethsd.ab.ca](mailto:keith.griffioen@lethsd.ab.ca)

7F—Mr. Clifton

[brett.clifton@lethsd.ab.ca](mailto:brett.clifton@lethsd.ab.ca)





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## GRADE LEVEL REPORTS

### Grade 8

Term 2 is half way over!

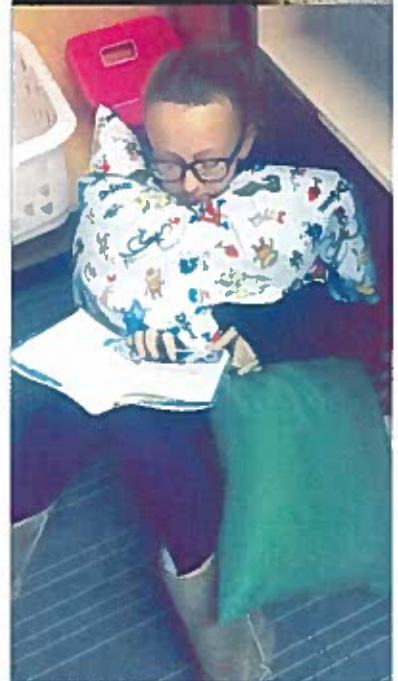
The year is going to fly by now. Before you know it, we will be wishing your kids all the best as they head off to high school. Our literacy exploratory has just finished and non-band students are now moving into a self-selected exploratory option for term 2B.



We would like to thank everyone who came out to parent teacher interviews at the end of January, it is always great to work together with parents for the benefit of our students. As always, we encourage parents and students to keep apprised of their work by using Home Logic to check grades, attendance, schedules.

Grade 8 Teaching Team.





What's Happening in Literacy?

CLASSROOM FOCUS

8A and 8B

MISS. HUCULAK'S CLASSROOM

INSIDE THIS ISSUE

- Book Recommendations
- Assignments
- Classroom Library
- Caught You Reading



## WHAT'S OUR FOCUS?

Our focus in the new year for Language Arts 8 is Identity.

Students are exploring this theme through a variety of writing activities, poetry, short stories, films, and book club literature circles with different novels with this central theme.

Students continue to work on independent novel studies with self-selected titles.

*“Books are dangerous. The best ones should be labeled ‘This could change your life.’”*

### BA and BB’s Recommendations:

Forgive Me, Leonard Peacock—  
Matthew Quick

The Absolutely True Diary of a Part-  
Time Indian—Sherman Alexie

We Are All Made of Molecules—Susin  
Nielsen

The Program—Suzanne Young

Red Queen—Victoria Aveyard

Legend—Marie Lu

The Silent Sister—Diane Chamberlain

Shatter Me— Tahereh Mafi

The Book Thief—Markus Zusak

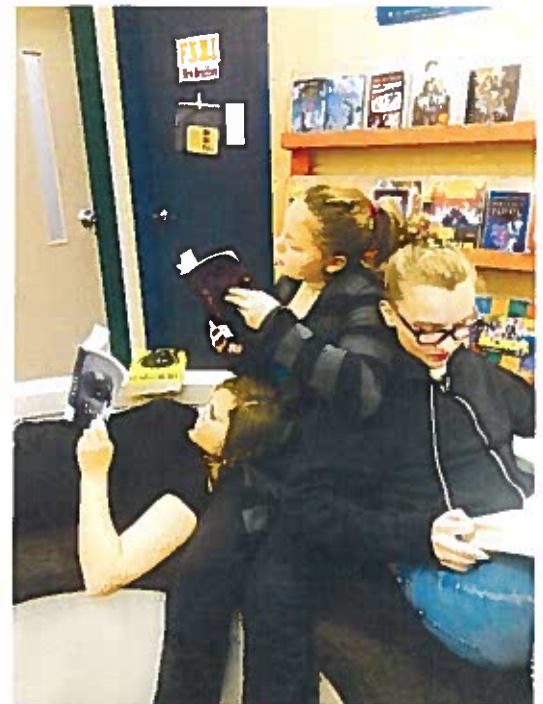
The Selection—Kiera Cass

Boy 21—Matthew Quick

The Reluctant Journal of  
Henry K. Larsen—Susin  
Nielsen

Harry Potter and the Goblet of  
Fire—JK Rowling

Where the Sidewalk Ends—Shel  
Silverstein





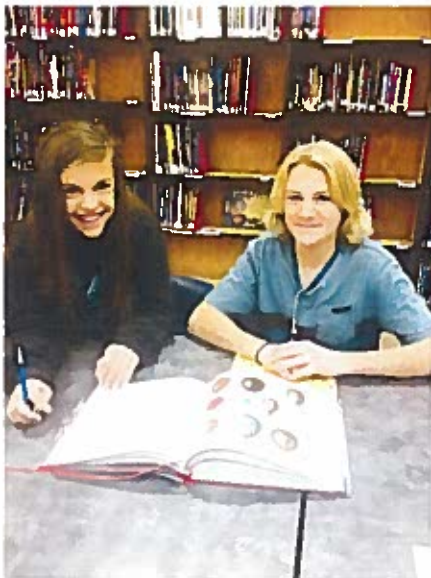


## Caught You Reading!

Top Center: A group of students from 8A enjoy their daily reading time in Miss Huculak's classroom Library area.

Bottom Left: Sydney and Eric from 8B enjoying Miss Huculak's Illustrated Harry Potter and the Philosopher's Stone

Bottom Right: Students from Miss Copp, Mr. Becking, and Miss Huculak's Literacy classes enjoy reading time at the Public Library on a field trip.



## Classroom Library

Thanks to our Love of Reading Chapters Indigo Grant, Miss Huculak has already filled her classroom library with over 100 books. The books span a variety of genres, topics, and maturity. Students have been loving the book selection and you can spot students reading around every corner of the school!

## THIS MONTH IN LANGUAGE ARTS 8:

Personal Memoir writing assignment.

My Thumbprint personal identity project.

Finding A Voice mini-unit with a focus on short texts that explore what it is to have a voice, how one expresses their voice, and what it takes to do so.

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## **SCHOOL EVENTS**



### **School Council**

The WMS School Council would like to remind everyone that we meet the second Wednesday of each month at 7 p.m. in the Library. The next meeting is on February 10 at 7 p.m. all of meeting minutes are located on our website and can be accessed at any time. Here is a direct link <http://wms.lethsd.ab.ca/Parents.php>.

### **Executive:**

Tracy Dykslag - Chairperson

Rohan Crown - Vice Chairperson

Angie Paxman - Secretary

David Wagenaar - Treasurer



### **Wilson Cup 2016**

Wilson Middle School is proud to announce that the third annual Wilson Cup is scheduled for March 10, 2016. Students involved in the Wolverine Hockey Program will have the opportunity to play the teacher team for the coveted Wilson Cup. The game will take place at Adams Ice Arena from 12:45 - 2:15. Once again, all students will be invited to the arena to watch the contest. We are planning an exciting afternoon of hockey and entertainment, including grade level challenges and prizes. The arena concession will also be available for refreshments during the game. Please mark the date in your calendars and stay tuned for more exciting details.

Reg Dueck & Tyler Keraiff

Wilson Hockey Program Coordinators



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## PHYSICAL EDUCATION

During January students took part in various units. Class rotated through Mental Health, fitness, adapted games and student led games. All students appeared to enjoy and harness the skills and attributes learnt in each different category.

It is important to mention that during our next health unit in Feb, we will once again be conducting our Sexual Health Unit. This will be occurring the week we return from our Family Week break (Feb 24 - 25). Due to the nature of this topic, classes will be divided into gender based sections. This means that all of the boys will be instructed by Mr. Hall and all of the girls will be conducted by Mrs. Dewacht. If you have questions regarding this unit please contact Mr. Hall or Mrs. Dewacht, as they would be happy to answer any questions that you may have.

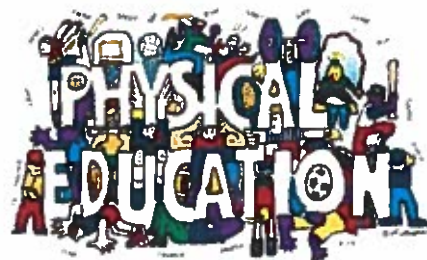
( [cody.hall@lethsd.ab.ca](mailto:cody.hall@lethsd.ab.ca) or [aimee.dewacht@lethsd.ab.ca](mailto:aimee.dewacht@lethsd.ab.ca) )

We have one more exciting event happening in PE in the month of February. On Feb 8, we will be taking our Gr 8 students skating!!! We started this PE extension last year and hope to make it a yearly activity. All students will need helmets and skates, so please bring looking for those items sooner than later. Permission forms have already gone home and need to be returned by Feb 4.

Thanks so much for your continued support,

Sincerely,

Your WMS PE Team



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**FINE ARTS**

***Fine Arts Update!***



A reminder of Wilson's participation in the Kiwanis Festival:

**Kiwanis Festival**

**March 7-19, 2016**

Times yet to be Determined

**Collage of the Arts '16**

Plans are well underway for our play, "My Name is Rumpelstiltskin"! Our casts have been rehearsing daily and can't wait to share their hard work and talent with all of you in March. Special thanks to our Wilson Fine Arts department for all of their hard work and countless hours leading up to the show. Be sure to mark the following information on your calendar:

**March 21-23**

**7:00 p.m.**

**Sterndale Bennett Theatre**

**Tickets on Sale: February 22**

**Collage of the Arts '16 Fundraiser**

**February 1-28**

**Rehabilitation Society Bottle Depot**

**1610-29 St. North**

**Please consider dropping off bottles, cans, etc.  
to support Wilson's Fine Arts production!**

**Look for our bin: Wilson Middle School Collage**





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## WELLNESS

*From The Wellness Team - February 2016*

**FEBRUARY BRINGS US TO VALENTINE'S DAY, PINK SHIRT DAY AND OUR PLEDGE TO FOCUS ON THE POWER OF KINDNESS.**

**KINDNESS HAS THE POWER TO DISARM THE ANGRY, COMFORT THE SAD, RESTORE FAITH IN THOSE WHO HAVE LOST IT AND EMPOWER THE WEAK. THE WELLNESS TEAM WOULD LIKE TO CHALLENGE OUR STUDENTS TO PARTICIPATE IN "PINK IT FORWARD" HOSTED BY "PINK SHIRT DAY – CANADA". THE GOAL OF THIS INITIATIVE IS TO "TURN THE INTERNET POSITIVE"! DETAILS ARE AS BELOW....**

## #PinkShirtDay

**We know the Internet can be a pretty negative place, and it's this negativity that often lowers self-esteem and creates bullies. In February, leading up to Pink Shirt Day 2016, we aim to change that! Teaming up with Coast Capital Savings, we want to turn the Internet positive and help stop bullying with the hashtag #PinkItForward. To participate, post a photo of someone special on Facebook, Instagram or Twitter: a friend, teammate, colleague, family member, classmate or even someone you've just met. Then add a caption describing why that person is awesome, and instruct them to #PinkItForward!**

**IN ADDITION, WE ENCOURAGE EVERYONE TO WEAR A PINK SHIRT ON PINK SHIRT DAY, WHICH THIS YEAR IS FEBRUARY 24<sup>TH</sup>.**

CKNW ORPHANS' FUND

**PINKSHIRTDAY.CA**



**KINDNESS**

**IS ONE SIZE**

*Fits All*



PRESENTED BY



**Wednesday, February 24, 2016**



**Date:** January 26, 2016  
**To:** Parents, Guardians, Students, School Staff and Administration  
**From:** Medical Officers of Health - South Zone  
**RE:** **Increased Gastrointestinal Illness within South Zone**

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There has been increased gastrointestinal illness reported in communities and schools across Southern Alberta, with symptoms of nausea, vomiting and diarrhea. The germs that cause these symptoms tend to circulate in communities during the colder parts of the year. Most people recover from the illness on their own, but to prevent the spread of infection, parents, guardians and staff within school settings are recommended to carry out the following precautions:

1. Individuals who are ill with vomiting or diarrhea should not attend school until 48 hours after the symptoms have disappeared, because the germs that cause the illness can be easily spread from one person to another.
2. Ensure that your child and others in your household wash their hands frequently, to prevent spread of illness in your home.
3. Ensure that high touch surfaces like door handles, bathrooms, faucets, light switches, etc. are cleaned and disinfected on a regular basis in your home.
4. For more information on illness or general health information, visit [www.albertahealthservices.ca](http://www.albertahealthservices.ca) or [www.myhealth.alberta.ca](http://www.myhealth.alberta.ca) or call Health Link at 811.

If someone you know becomes ill with vomiting or diarrhea for more than 72 hours, or if they are medically unstable, please see your physician or call HealthLink at 811.

## Mental Wellbeing in Youth

Adolescence is an important time in the development of lifelong mental wellbeing. Mental wellbeing is more than just being happy. It is having self-esteem and confidence, being connected to others and enjoying the good feelings that come from participating in and giving back to your community. When youth develop the best possible mental wellbeing, it lessens the likelihood of future substance abuse or mental problems.

Mental illness and mental wellbeing are not opposites. Youth with mental illness can enjoy good mental wellbeing, while youth with no symptoms of mental illness can struggle with poor mental wellbeing. All young people benefit when they connect with others, feel valued and learn important skills.

Here are some ways to help youth build mental wellbeing:

**Connecting with others** - increases self-worth and provides a source of support during hard times. Help your youth to form relationships with people close to them and with the wider world. Connections can be made by joining teams, clubs and groups, volunteering, getting a part-time job and spending time together with family and friends.

**Being active** - causes chemical changes in the brain that makes us feel good. Physical activity can also help youth form relationships and learn new skills which builds self-esteem.

**Encourage trying new things** - and be willing to do the same. Learning new things challenges us and setting/reaching goals makes us feel proud and capable.

**Acts of kindness** - can give us a sense of purpose and improve self-worth. Youth can be encouraged to give to others by saying thank you to someone who has helped them, phoning a relative or friend who needs support, becoming active in peer support or mentoring or lending a helping hand to others. Check for youth volunteer opportunities in your community.



### Health advice as easy as 8-1-1

Did you know you can get trusted health advice around the clock from a registered nurse by dialing Health Link at 8-1-1? Health Link is Alberta's free, 24/7 health information and advice line. They can help assess symptoms and help you decide if you need to seek medical attention.

## Will Putting Toothpaste on a Pimple Make It Go Away?

There are 101 stories about uses for toothpaste but it does nothing for pimples. So what does it do? Well we know that it makes a mess, hardens like a rock, and causes arguments about who forgot to put the cap on. So why use it? Fluoride. Turns out toothpaste is a great way to get fluoride on your teeth and prevent tooth decay.

Choose a toothpaste with fluoride and brush two times a day. You only need a pea-sized amount. Spit it out – but don't rinse it out for best results.

It is hard to imagine that the outer surface of your teeth can absorb fluoride, but that is what happens when you brush. Fluoride adds to all the minerals in teeth to harden and protect them from decay. But watch out, those minerals, including fluoride, can be removed from your teeth when you eat anything sweet or acidic. Too much mineral loss is called tooth decay.

Cut down on sweet and sticky snacks, drink tap water for thirst (particularly in locations where fluoride is added), and remember to use fluoride toothpaste.



## Childhood Mental Wellbeing

Childhood is an important time in the development of lifelong mental wellbeing. Mental wellbeing is more than just being happy. It is having self-esteem and self confidence, being connected to others and enjoying the good feelings that come from participating in and giving back to your community. When children develop the best possible mental wellbeing, it lessens the likelihood of future substance abuse or mental problems.

Mental illness and mental wellbeing are not opposites. Children with mental illness can enjoy good mental wellbeing, while children with no symptoms of mental illness can struggle with poor mental wellbeing. All children benefit when they connect with others, feel valued and learn important skills. Here are some ways to help your child develop good mental wellbeing.

**Connect with others:** Connecting with others increases self-worth and offers a source of support and encouragement during hard times. Help your child to build and grow relationships with people close to them and with the wider world. Connections can be made by joining teams, clubs and groups, volunteering and spending time together with family and friends.

**Be active:** The benefit of being active are not just physical. Activity causes chemical changes in the brain that make us feel good. Physical activity can also help children form relationships and learn new skills which build self-esteem.

**Try new things:** Encourage your child to try new things and be willing to do the same. Learning new things challenges us and setting/reaching goals makes us feel proud and capable.

**Give to others:** Small acts of kindness can give us a sense of purpose and improve self-worth. Children can be encouraged to give to others by saying thank you to someone who has helped them, phoning a relative or friend who needs support or offering a helping hand to others.



### Health advice as easy as 8-1-1

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## The Cost of Dental Treatment

Fixing decayed teeth can be expensive. Think about fixing a problem earlier than later. A cavity (tooth decay) can quickly get bigger and increase the cost for treatment. But what really saves money is preventing the problem in the first place. Here's a look at how tooth decay happens and how you can prevent it.

- **Tooth decay happens when germs stick to teeth.** Prevent tooth decay by brushing two times a day.
- **Sugar and germs produce acid.** Prevent decay by reducing sweet and sticky snacks and limiting sweet drinks.
- **Acid weakens tooth enamel.** Prevent decay by drinking water with fluoride (when possible) and using fluoride toothpaste to strengthen teeth.
- **Some surfaces of teeth decay more easily.** Prevent decay by asking your dentist about dental sealants to protect teeth.

Some families may have access to children's free dental care through Alberta Child Health Benefit. For more information call 1-877-469-5437 or visit [www.employment.alberta.ca/achb](http://www.employment.alberta.ca/achb).

# Healthy Schools Calendar

## February 2016

### Making it Stick: From Wellness Event to Comprehensive School Health

Creating a school environment that supports health is practical way to help students reach their full potential. Promoting health events is just one way to improve the health of the school community. [Sexual & Reproductive Health Awareness Week](#) is a campaign that focuses on the importance of sexual health as part of overall wellbeing. To get even more impact from this education event, consider how you might widen the scope: advocate for a peer support program, apply for a grant to produce a drama about healthy relationships, or use your school website to promote reliable information to parents. Challenge yourself to think of innovative ways that Sexual & Reproductive Health Awareness Week (and other health promotion events) can spark other health-promoting initiatives with longer-term effects.

Need support? Every school jurisdiction in Alberta has an assigned Alberta Health Services staff member to support [Comprehensive School Health](#). To find out who the contact is for your jurisdiction email: [healthychildrenandyouth@ahs.ca](mailto:healthychildrenandyouth@ahs.ca)



### Resources to Support Healthy School Communities

- [Welcoming, Caring, Respectful and Safe Learning Environments](#)

- [Teaching Sexual Health](#)

- [Aboriginal Sexual Health](#)

### Funding Opportunity Deadlines

#### Edible Tree Program

Funding is for projects that provide people with access to fresh fruit and nut trees while making a positive difference to the Canadian environment.

#### TD Friends of the Environment Foundation

Funding is for environmental projects including environmental education, tree planting, energy conservation, schoolyard or urban naturalization projects, community gardening programs, habitat restoration, endangered species/wildlife protection, and environmental research.

# February 2016

|    | Sunday          | Monday   | Tuesday                          | Wednesday  | Thursday   | Friday                                | Saturday                       |
|----|-----------------|--|----------------------------------|--|--|---------------------------------------|--------------------------------|
|    | 1               | 2  | 3                                | 4  | 5  | 6                                     |                                |
|    |                 |  | <b>Winter Walk Day</b>           |  |  |                                       |                                |
| 7  | 8               | 9  | 10                               | 11   | 12   | 13                                    |                                |
|    |                 |  |                                  | North Central Teachers' Convention                     |  |                                       |                                |
|    |                 |  |                                  |  | Calgary City Teachers' Convention<br>Northeast Teachers' Convention  |                                       |                                |
| 14 | 15              | 16   | 17                               | 18   | 19   | 20                                    |                                |
|    |                 | Family Day   |                                  | <b>Sexual &amp; Reproductive Health Awareness Week</b> |  |                                       |                                |
|    | Valentine's Day | TD Friends of<br>the Environment<br>Foundation Grant Due | Edible Tree Program<br>Grant Due |  | Central Alberta Teachers' Convention<br>Palliser District Teachers' Convention<br>Southeastern Alberta Teachers' Convention<br>Southwestern Alberta Teachers' Convention |                                       | World Day of Social<br>Justice |
| 21 | 22              | 23   | 24                               | 25   | 26   | 27                                    |                                |
|    |                 |  |                                  |  |  |                                       |                                |
| 28 | 29              |  |                                  |  |  |                                       |                                |
|    |                 |  |                                  |  |  | Greater Edmonton Teachers' Convention |                                |

**NOW AVAILABLE - February's Issues of Healthy Children and Healthy Teens Newsletter for Parents**

**For resources to support building healthy school communities visit [www.albertahealthservices.ca/csh.asp](http://www.albertahealthservices.ca/csh.asp)**

Prepared by Alberta Health Services (AHS), Healthy Children and Youth.  
 AHS does not endorse or recommend any pharmaceutical company, commercial product, process, or service associated with grants or events listed in this document.